## **QUALITY CONTROL:**

#### Handling:

 Wash hands before harvesting or handling Sweetgrass.

#### Harvesting and processing:

- Harvesting Sweetgrass can be done from July—September.
- Grass harvested in a sustainable manner (grass only, roots undisturbed, may be rejected if root attached.)

#### Drying process:

- Grass was dried on screens or tarps in layers of 2—4 inches.
- Producer must have a drying shed or a place that can be inspected
- Store in shade to prevent heating while out harvesting
- Rinse and inspect for insects or damaged grasses, then set to dry
- Use a fan to move air
- Once crispy dry, store in clean containers

#### Storage Technique:

- Product should be stored in a clean poly woven rice bag, paper bag, paper box, or clean container.
- Dirty containers will not be accepted and the product in it maybe rejected
- Store in a dry room away from moisture
- Do not store in a shed that has been used for storing gas and oil.

## **BUYING REQUIREMENTS** (THIS IS INTENDED TO PROVIDE GENERAL STANDARDS. REQUIREMENTS MAY VARY FROM BUYER TO BUYER. PLEASE CON-

FIRM WITH YOUR BUYER BEFORE HARVESTING):

- Producers must have a wild harvesters association Membership Card.
- General harvest area.
- No foreign smell (ex: gas, oil)
- No foreign material (ex: Different kinds of bark, dirt, rocks)
- No mould.

All bags, boxes and containers may be inspected to determine if product meets a buyers specifications.

- **PRICING:**
- Call NFDC prior to shipping or traveling to buying depot.



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(FROM HARVESTING PRACTICES)

# SWEETGRASS









# HARVESTING SWEETGRASS

# SCIENTIFIC NAME:

· Hierochloe odorata

## CREE NAME:

• Wehkuskwa ("sweet grass")

# COMMON NAMES:

- Holy Grass
- Buffalo Grass
- Vanilla Grass

# PLANT SPECIES IDENTIFICATION:

#### **Flowers**

- Fresh: greenish or purplish towards the base and golden at the tip
- Structure an open pyramidal panicle
- 4—10 cm long
- Spikelets, three flowered
- May—September

# <u>Fruit</u>

• A caryopsis

## <u>Leaves</u>

- 60 cm long
- 2-8 mm wide
- Base of leaves, just below soil surface is broad and white, without hairs
- Underside of leaves are shiny, no hairs
- Vanilla aroma when dried

#### Plant Reproduction:

- Reseeding
- Rhizomes

#### Habitat:

- Marshes
- Moist soils
- Lakeshores

#### What is harvested:

• Leaves

# **PRODUCT USES:**

- Ceremony/Ritual
- Teas
- Aromatics
- Medicinal
- Crafts

# Indigenous Uses:

- Sweet grass is used in smudging to purify the body by driving out evil spirits and carry prayers up to the creator.
- A tea is made to relieve coughs or nausea.
- It is also braided and incorporated into many designs and placed on the wall and used as an air freshener.
- Soaked leaves are used as a hair wash.
- The grass is chewed to prolong endurance during ceremonies of prolonged fasting.
- The grass is used in basketry and crafts.
- External use is for sore eyes, saddle sores and chapped skin.

## SPECIES SUSTAINABILITY:

Practice sustainable harvesting, by not over harvesting in one area.

# HARVESTER CERTIFICATION:

- **NFDC** is working on providing organic certification on selective NTFP'S in each community harvest area.
- Buyers may not purchase Pineapple Weed from producers who does not follow the HARVESTERS CODE OF ETHICS (Copy available at the NFDC Centre).